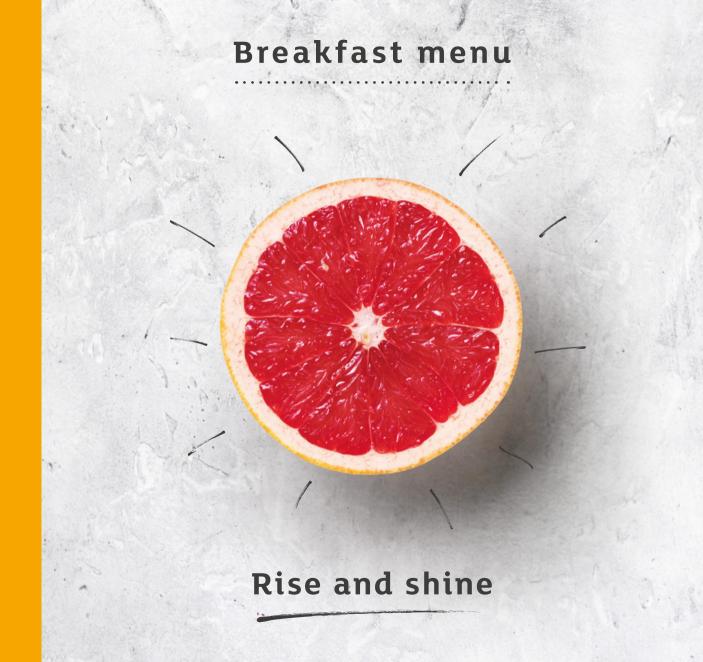
"Morning!
We're here to
help kick start
your day..."

Holiday Inn



## **Continental Breakfast**

Whether you need to get up and go, or you want to sit back and get ready to face the day in a leisurely way, our selection of delicious continental breakfast options offer something for everyone.

#### Cold drinks

A selection of chilled juices

Freshly blended smoothie, flavoured water, still and sparkling water

Virgin Mary station

### Chilled fruit and yoghurt

Freshly prepared: fresh fruit salad, pineapple, prunes, honeydew melon, watermelon

Fruit of the forest mixed berries and fruit coulis

Yoghurt and fruit yoghurt

#### Cold meats and cheeses

Sliced ham salami and chorizo

Smoked applewood cheese and soft cheese

#### Cereals

A selection of Kellogg's cereals: Corn Flakes, Bran Flakes, Rice Krispies, Coco Pops

Weetabix, Alpen Original, Alpen Sugar-free

Schar Muesli @

Porridge with a selection of toppings

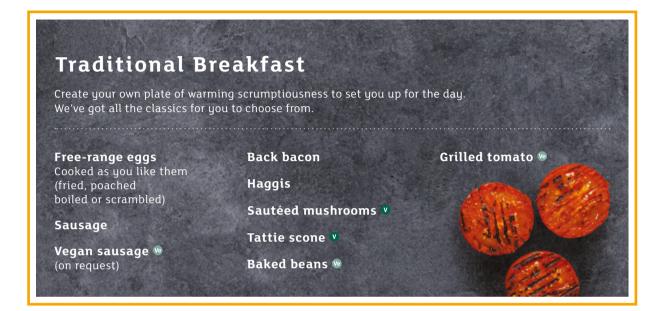
### Morning bakery

Selection of breads

Croissants, pain au chocolat, and a Danish selection

Gluten-free bread and muffins available on request

£17.95 per person



# Tea and Coffee

A choice of the following drinks are included in both breakfast options.

A selection of Twining's speciality teas: English Breakfast, Decaf English Breakfast, Earl Greu, Pure Green, Camomile, Peppermint, Cranberry and Raspberry

Freshly brewed coffee: Americano, cappuccino or latte







FOOD ALLERGIES & INTOLERANCES: before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens. Menu descriptions may not include all ingredients and alcohol may be present in some dishes. | CALORIES: Adults need around 2000 Kcal a day, please see calorie information at the buffet.